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# Parent Email Template

Tell parents how their teen can make the most of their PSAT/NMSQT® scores with this customizable email template.

Remember to include details on information sessions you may be offering.

## Subject:

Things you should do after taking the PSAT/NMSQT

## Body:

Congratulations! Your teen took the PSAT/NMSQT® at school on [Day, Date]. This test gives students a chance to take the next step to college. Here's what your teen can do to make the most of their scores:

- **Log in to or create a College Board account online.** PSAT/NMSQT scores will be released online on [Day, Date] (December 7-8, depending on where you live). Students should log in to their College Board account to see scores and test performance details.
- **Get free, personalized SAT practice.** The PSAT/NMSQT is great preparation for the SAT®. Your teen's score unlocks a free, personalized practice through Official SAT Practice on Khan Academy®. Students go to [satpractice.org](https://satpractice.org), create an account, and link their College Board and Khan Academy accounts for a plan based on their test results.
- **Review AP course recommendations.** Student score reports identify AP® courses that are the best match for them. AP can give your teen an edge in the admission process and earn them college credit while in high school, which saves time and money in college.
- **Use Career Finder™: our career exploration tool.** It helps students make informed academic and career decisions based on what truly drives them. [Learn more.](#)
- **The College Board National Recognition Programs.** These are academic honors that can be included on college applications. They're not scholarships, but colleges use them to identify academically exceptional students. [Learn more.](#)
- **Scholarship Partners:** See how the PSAT/NMSQT can help your teen pay for college—including access to more than \$350M in scholarships. [Learn more.](#)
- **Register for the SAT.** Take the next step toward college by registering.
- **College Planning Support for Sophomores & Juniors:** Students can kick start their college planning by searching for colleges and scholarships on [BigFuture](#). They can build and save a college list and also opt in to let the colleges on their list know that they'd like to learn more about their programs.
- **Questions about how to use PSAT/NMSQT scores?** We invite [parents and families] to attend our [College Planning/Parent Night] on [Date, Time, Location]. Visit our school website at [URL] or call [XXX-XXX-XXXX].